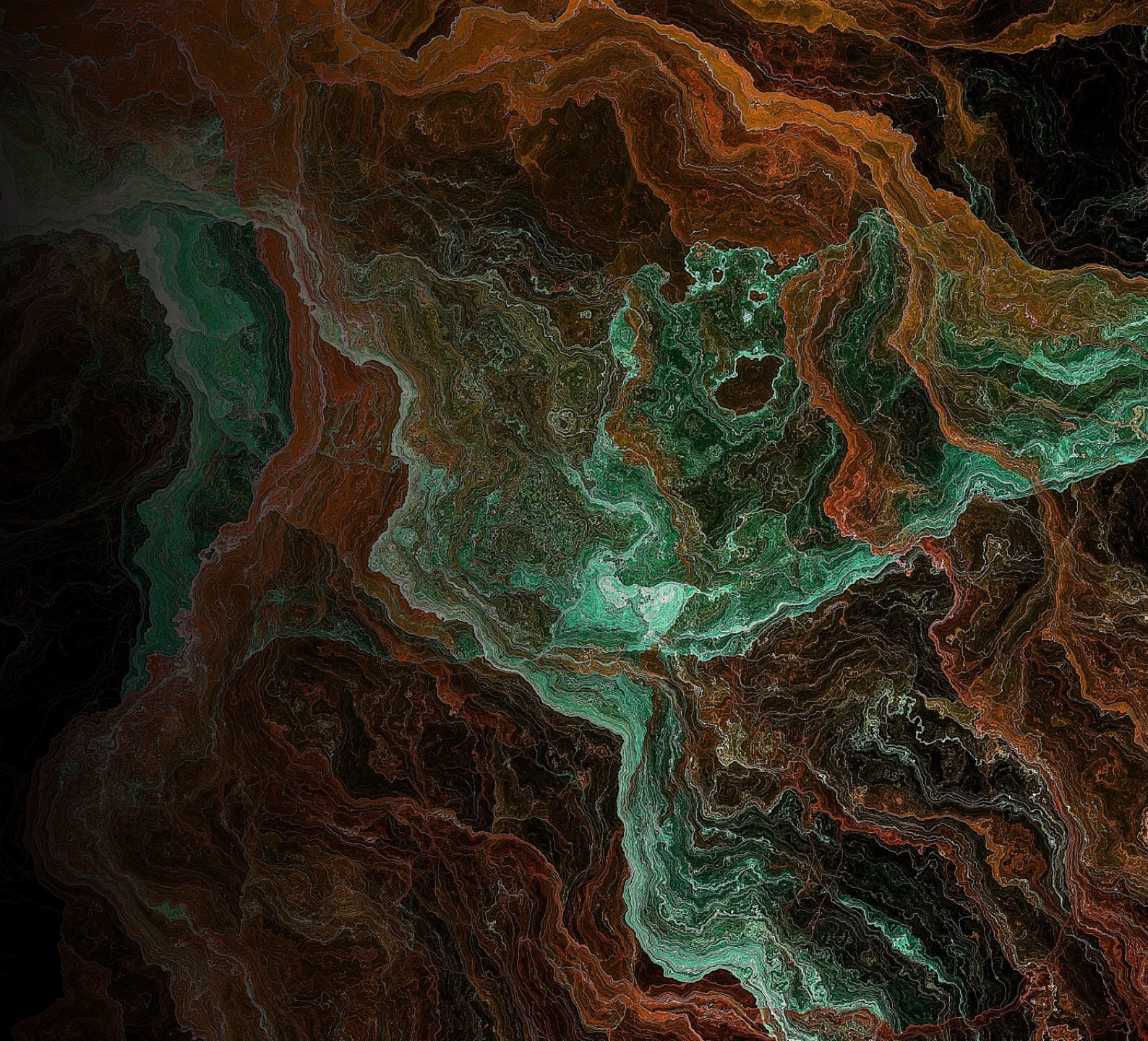




Hurting with God

Learning to Lament



Hurting with God: Learning to Lament

- We are called to weep with those who weep. (Romans 12:15)
- Jesus wept over Jerusalem. (Luke 19:41)





Hurting with God: Learning to Lament

- **Jeremiah 9:17-20**
*This is what the LORD Almighty says: "Consider now! Call for the wailing women to come; send for the most skillful of them. Let them come quickly and wail over us till our eyes overflow with tears and water streams from our eyelids.... Teach your daughters how to wail; **teach one another a lament.**"*

Hurting with God: Learning to Lament

Romans 8:22-26 MSG

The difficult times of pain throughout the world are simply birth pangs. But it's not only around us; it's within us. The Spirit of God is arousing us within... God's Spirit is right alongside helping us along. If we don't know how or what to pray, it doesn't matter. He does our praying in and for us, making prayer out of our wordless sighs, our aching groans.



Hurting with God: Learning to Lament

As I look at the world today:

- 1. I feel....** (Start where you are.)
- 2. I sense that the Spirit of God within me may feel...** (Allow His feelings to rise-up in you.)

Speak for those who are suffering:

- 3. We feel...** (Speak to God in their behalf.)

I / we feel....

Afraid, Angry, Annoyed, Anxious, Ashamed, Bitter, Bored, Broken, Bullied, Condemned, Conflicted, Confused, Controlled, Defeated, Dependent, Depressed, Desperate, Destitute, Detached, Discouraged, Dominated, Envious, Frightened, Frustrated, Grieved, Hated, Hopeless, Ignorant, Impatient, Indifferent, Insecure, Irritated, Isolated, Jealous, Judged, Lonely, Mad, Manipulated, Miserable, Panicked, Punished, Rejected, Resigned, Sad, Selfish, Shame, Sorry, Unconcerned, Unhappy, Victimized

Re-joicing with God: Hoping as we Lament

Romans 8:26-39

- In the same way the Spirit also helps our weakness; for we do not know how to pray as we should, but the Spirit Himself intercedes for *us* with groanings too deep for words; and
 - He who searches the hearts knows what the mind of the Spirit is, because He intercedes for the saints according to *the will of God*.
 - And we know that God causes all things to work together for good to those who love God, to those who are called according to *His purpose....*
- Who will separate us from the love of Christ? Will tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword?
 - For I am convinced that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor any other created thing, will be able to separate us from the love of God, which is in Christ Jesus our Lord.